



# September Newsletter



## SUPPORT FOR PARENTING PROGRAM PROVIDERS

### *A message from our directors...*

We know that this is a challenging and overwhelming time for Parenting Program Providers. If you are feeling scared, uncertain or confused, you are definitely not alone! UM Team COACH is here to support you and your team. Please utilize our services and resources as much as you need and reach out if you're confused about next steps for topics such as implementing in-person services or recruiting families. Our main priority is to support *you* so that you're able to continue the incredible work you do to support the families in our community!

*- Nely Garcia and Jason Jent*

## Live Virtual Trainings

These are live, interactive virtual trainings you can sign up for in the Events Calendar in Trust Academy.

None offered this month. Check back next month for more offerings!

## Individual/Team Coaching

Looking for more individualized support? Our team provides coaching to providers in a variety of areas related to successful program implementation. [Click here to submit a coaching request!](#)

## Communities of Practice (CoP)

CoPs are a space to reflect on your challenges and successes, problem solve issues, and share resources and strategies with other Parenting Program Providers.

### **Parent Stressors & Barriers CoP**

*Wednesday, September 1st, 11am-12 pm*

In this CoP, we discuss the stressors and barriers the families you serve may currently be facing, as well as solutions for them. [Click here to sign up on Trust Academy!](#)

### **Creating Support Networks & Community Outreach CoP**

*Thursday, September 2nd, 10-11 am*

In this CoP, we work collaboratively to create networks of outreach and referrals across parenting providers in the community. Hybrid (virtual and in-person) recruitment is an ongoing discussion topic. [Click here to sign up on Trust Academy!](#)

### **The New Normal: Returning to In-Person Services During COVID-19 CoP**

*Thursday, September 9th, 9:30-11 am*

In this CoP, we will work collaboratively to share ideas and strategies for returning to in-person services for group-based, home-based, and office-based services. [Click here to sign up on Trust Academy!](#)

## Asynchronous Courses

These are online courses found in [Trust Central](#) that you can complete at your own pace.

- Considering Delivering Services Through Video Conferencing: Where Do I Start?
- Navigating Uncertainty: Helping Families Cope with COVID-19
- Ready, Set, Zoom! Strategies for effectively implementing your program virtually
- The Big 5: Questions and Tips to Support Your Emotional Well-Being During COVID-19
- Getting Families Through the Door: A Toolkit for Parenting Programs
- Overcoming Challenges of Home Visiting
- **NEW! Promoting Father Involvement In Parenting Programs**