



June 2021



SUPPORT

FOR PARENTING PROGRAM PROVIDERS

Live Virtual Trainings

These are live, interactive virtual trainings you can sign up for in the Events Calendar in Trust Academy.

Finding Stress Management Strategies that Work for You
Wednesday, June 9th, 10-11am

In this interactive training, you will learn and practice strategies to calm your body and mind. [Click here to sign up on Trust Academy!](#)

Individual/Team Coaching

Looking for more individualized support? Struggling with some aspect of your program and don't know where to start? [Click here to submit a coaching request!](#)

Communities of Practice (CoP)

CoPs are a space to reflect on your challenges and successes, problem solve issues, and share resources and strategies with other Parenting Program Providers.

Parent Stressors & Barriers CoP
Wednesday, June 2nd, 11-12 pm

In this CoP, we discuss the stressors and barriers the families you serve may currently be facing, as well as solutions for them.

[Click here to sign up on Trust Academy!](#)

Creating Support Networks & Community Outreach CoP
Thursday, June 3rd, 10-11 am

In this CoP, we work collaboratively to create networks of outreach and referrals across parenting providers in the community. Virtual recruitment is an ongoing discussion topic. [Click here to sign up on Trust Academy!](#)

Asynchronous Courses

These are online courses found in [Trust Central](#) that you can complete at your own pace.

- Considering Delivering Services Through Video Conferencing: Where Do I Start?
- Navigating Uncertainty: Helping Families Cope with COVID-19
- Ready, Set, Zoom! Strategies for effectively implementing your program virtually
- The Big 5: Questions and Tips to Support Your Emotional Well-Being During COVID-19
- Getting Families Through the Door: A Toolkit for Parenting Programs
- Overcoming Challenges of Home Visiting